

# Daily Word

A black and white photograph of a large, leafy tree, possibly a magnolia, with a person standing at its base. The tree's branches are dense and filled with leaves, creating a complex pattern of light and shadow. The person is small and stands in the lower left foreground, looking towards the tree. The background is dark and indistinct.

A UNITY PUBLICATION

MAY 1958

# *Pray with Silent Unity*

PEACE . . . Let liberty, justice, righteousness, and peace be established throughout the world, in the name of the Lord Jesus Christ.

PRAYER FOR WORLD LEADERS: Through the Christ Mind you are unified in thought, purpose, and understanding, and inspired to right action for the good of all mankind.

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PRAYER FOR ILLUMINATION (11 a.m.): I have faith in God to guide me, and my mind is open to new inspiration and wisdom.

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PRAYER FOR PROSPERITY (12 noon): I have faith that God's abundant supply now flows into my life to meet every need.

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PRAYER FOR HEALING (9 p.m.): I have faith that "with God all things are possible." His vitalizing life heals me now.

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# DAILY WORD

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## *In This Issue*

God and I Can!—*Silent Unity* - - - - 2

Something of the Glory—*Martha Smock* - - - - 8

Poems: Wings of Words—*Elizabeth Landeweer* - - 11

In May—*James Dillet Freeman* - - - Center

Road—*R. H. Grenville* - - - - Back Cover

Cover—*Josef Muench*

Center Photograph—*Luoma Photos*

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## DAILY LESSONS FOR MAY

- |                  |                    |                     |
|------------------|--------------------|---------------------|
| 1. Peace of Mind | 11. Mother's Day   | 22. Peacemaker      |
| 2. Creativity    | 12. Teachable      | 23. Thought         |
| 3. Justice       | 13. Eyes           | 24. Understanding   |
| 4. Blessing      | 14. Reconsecration | 25. Name this Day   |
| 5. World Peace   | 15. Light          | 26. Truth           |
| 6. Imagination   | 16. Thanksgiving   | 27. Gift of God     |
| 7. Unlimited     | 17. Unselfishness  | 28. Vitalizing      |
| 8. God Perfects  | 18. Seeing God     | 29. Protection      |
| 9. Turn to God   | 19. Faith          | 30. Comfort         |
| 10. Giving       | 20. Prayer         | 31. Your Importance |
|                  | 21. Healing Others |                     |

## *God and I Can!*

### SILENT UNITY

"PLEASE pray with me," wrote a mother of five children under five years of age. The doctor had just told her that because of her busy life, the care of her lively youngsters, and her home, she could not expect to be the strong, vital person she had always been. Even as she made her request for prayers she added with faith, "Today I see that I can't. But God and I can. Please pray with me."

"Please pray with me" were the words spoken into a telephone in upper New York state. It was a man speaking. His words were heard in a room at Unity School. He was going out that morning to have an interview for a position. Some had told him that his age would prevent him from obtaining the position. He needed faith in himself; he needed to feel that he had something to give; he needed to know that "God and I can."

"Please pray with me," the childish scrawl spread across the sheet of pink paper. A ten-year-old boy had a problem. At school he felt that he had no friends and that no one even liked him. He wrote, "They don't even dislike me. They pay no attention to me at all."

"Please pray with me," was the request of a woman whose letter carried a New Zealand postmark. Her need was healing. She had as much faith in her request being received, understood, and answered; as if she had been speaking directly to one of the counselors in the Silent Unity Building at Unity Village, Lee's Summit, Missouri.

"Please pray with me," a slight, young man asked a kind-faced woman. The two were in a hall, outside of a room where phones were always ringing. "Please pray for and with me so that I can give a good and helpful lesson to the boys in my Sunday-school class." He was a ministerial student, and the woman was a person who devoted her time to answering telephone calls and giving reassurance in the name of Silent Unity.

All these requests were for the prayers of Silent Unity. None of these persons was just asking a single person for prayers; they were asking for the prayers of over one hundred people. They were really wanting to be quickened in the faith that "God and I can."

To know that many loving hearts are in a silent unity of prayer with your own heart is a real comfort; to know that many quickened minds are in a silent unity of prayer with your own mind is

truly strengthening; to know that others are with you in the knowledge that "God and I can" is uplifting.

We who answer these requests know that it is not of ourselves that we are doing this work. Long ago we learned what this mother of five had learned—"God and I can!" God works in and through all of us; God loves and blesses His children; God inspires and frames the words we write and speak.

Each person in Silent Unity knows he is truly in a silent unity with all persons who have joined in this prayer ministry since its inception. He knows that he is in a silent unity with God—a silent unity that empowers him to catch a vision that his eyes alone could never catch, that empowers him to speak a word that his understanding alone could never prompt, and that empowers him to write an assurance that his faith alone could never write. It is the Father within that is doing the work. "God and I can!"

When friends ask, "Please pray with me," we who answer requests assure them that Silent Unity is praying. But we cannot sign our own names; we cannot sign "Mary Smith" or "John Brown." This does not mean that we—all the Mary Smiths and the John Browns—are not sincerely, lovingly, and faithfully keeping a silent unity with all who ask

for our prayers, and our help.

In that silent unity we know that the mother who had the numerous responsibilities will find all the vitality, poise, and joy that she needs and all of the time to do that which needs to be done by her. We know through prayer she will be blessed.

In this silent unity we are praying with the man in New York state so that he can "go out and meet his good." As he contacts the firm concerning the position in which he is interested he knows that our prayers are with him. God prepared a place for him. If this is not the right place, he does not want it. He will be divinely guided to his own perfect place of service, where he is needed and where he will receive just recompense.

In this silent unity of prayer the Mary Smiths and the John Browns are thinking understandingly about the youngster who needs friends. We know how important being accepted is and how good it is to have someone with whom to share our thoughts and experiences. We know, too, that since this child has asked for prayers and is praying himself, he will find that his request is fulfilled. The qualities he needs to be a friend and to have friends will be so quickened in him that he will never again be lonely.

In this silent unity the Mary Smiths and the John Browns are feeling close to the woman in New Zealand. We have perfect faith in God's healing power, which is working in her body to heal and to restore her to wholeness. If this woman were sitting here and counseling with us, we could not feel closer; we could not have more faith. We know there is no separation in God; we are all one, all one in a silent unity of prayer.

We pray just as impersonally and just as sincerely for the young man that we know so well. We had seen this young man progress in teaching until he was ready to become a part of the Sunday-school staff, and his desire to give a blessing and to be a help will make him an open and a productive channel.

For every "Please pray with me," there is an instant assurance of loving co-operation in prayer. All requests receive the same interested, understanding, and faithful attention from each person in Silent Unity. Each person knows full well "God and I can," and each one realizes that the "I" is that part of us, the Christ, which acknowledges its relationship to God. Jesus expressed it so beautifully, "I and the Father are one."

We pray with this "God and I" attitude and give assurance of prayer to all who ask, "Please pray with me." We answer our telephones, in this



"God and I" attitude. In this attitude we sign our letters with "Your friends in Silent Unity!" In this attitude we know that those who ask for prayers find their answers and receive their help, for with God all things are possible.

Whoever you are, wherever you live, and whatever your need; Silent Unity blesses you and knows God and you together can do and be all things that are good and perfect.

### AN INVITATION

#### FROM SILENT UNITY

Have you ever needed help greatly but did not know where to turn? We extend to you a most loving invitation to call on Silent Unity.

For the past sixty years Silent Unity has been praying and working with people from every walk of life.

We do not believe that anything is impossible or incurable. We keep faith with all who call upon us, for we believe in the power of God and in the power of prayer, and we know that God never fails.

If you need us, feel free to call upon us at any time. We may be reached day or night by telegraph, Unity, WUX, Kansas City, Missouri, or Baltimore 1-4720, Kansas City, Missouri, or by letter to Silent Unity, Lee's Summit, Missouri.

## *Something of the Glory*

MARTHA SMOCK

**A**LL OF us have times when we have flashes of spiritual insight. We have a momentary sense of being out of time and space. We feel the eternal with us; we stand in the radiant presence of God. It is as though we are on a shore on the brink of the world—world without end, life without end. We sense only the eternal—only God, only the I in us. No thought of self, of me and mine. God only.

We marvel at these times of revelation and we long to keep these feelings as vivid and real for always as they are for the moment. Like the artist who creates a masterpiece out of one flash of light, so can we carry into our everyday living something of the glory we catch glimpses of. We may have felt a great overshadowing of God's love. We may have felt enveloped in love—boundless, all-encompassing. What can such a feeling mean to us in the ordinary hours of every day? This vision of perfect love can be captured by us and put on the canvas of our lives. As a Vermeer works to capture sunlight on canvas, so can we work to capture love in the living of our life, to put it into expression so that it has

meaning, so that it is communicated through us to those who know us, live with us, work with us, touch our lives in any way.

We may have had times when we felt a sense of oneness with all people. We may have seen clearly that we were not separate but part of the whole—all part of God.

Like the poet who puts such a feeling into an immortal poem, so can we put such a feeling into something immortal. Our lives cannot be the same, and the lives of others cannot be the same when we carry into the living-out process this feeling of no separation, God or man. We see others with new comprehension and feeling when we look at them and say to ourselves, "There is a part of me." We understand ourselves better; we understand others better; we understand God better when we go beyond the separation to the oneness. "Here I am." "Here God is. Here mankind is." "I in them, and thou in me, that we may be perfected into one."

Great novels are not written about great people in the surface sense but they are written about great people in the inner, spiritual sense. You can write your own kind of novel daily if you have the imagination and the heart to see the greatness in other persons. Children are great; the man in the street is great; the woman next door is great.

There are not just a few unforgettable characters in the world. Each person can be an unforgettable character to us if we really know him, his thoughts, his spirit, his desires, and his strivings. Jesus said that the greatest commandment was to love one another. To love one another means to know one another, to understand one another, and to appreciate one another. To love one another is to behold God in one another, to see beyond the little self to the greatness that is always trying to break through.

Other people can teach us many things, but the persons we remember all our lives as having taught us the most are the ones who made us seem better than we thought we were or the ones who made us feel the way something in us had always longed to feel. Love is a greater teacher than words.

Every day we can be artists, poets, and we can be teachers in our own way. Every day we can stir up the abilities within us, every day we can stand in the radiant presence of God. We can live so creatively that life takes on a beauty and a wonder that is beyond anything we have known. We can carry the spiritual flashes of inspiration that come to us into the world we live in so that our lives are transformed and so that we can communicate God in essence and effect to others.

## *Wings of Words*

ELIZABETH LANDEWEER

How lovely are the wings of words  
That cluster like a flock of birds  
Around things beautiful and true,  
For words can change the sky to blue,  
And give the silent stars a tongue—  
Can make us old, can make us young,  
Can make us rich, can make us poor;  
Can be a prison, or a door.  
In ways too wonderful to tell,  
A single word can work a spell  
To bless and prosper and atone.  
Man does not live by bread alone;  
His soul is clothed, and spirit shod  
By every shining word of God.

# Thursday

MAY 1

THE CHRIST WITHIN ME UNFOLDS IN PEACE  
TO OVERCOME ALL THE CHALLENGES OF THE  
WORLD ABOUT ME.

**I**N THE early morning I am one with the eternal quiet of life. In the silence of prayer I know and feel the serenity and the goodness of God. There are enough experiences in my life to assure me of the rightness of this feeling of peace—the peace that was meant to be. I will contribute to this peace by expressing harmony and love in my life and affairs.

Disorder comes from two opposing forces. I am not at odds with anyone, anything or any condition. I am strengthened in a feeling of peace and have the power to bring peace to others. The will to love is God expressing Himself through me, which touches the lives of others about me and beyond me.

In my busiest hour I think with the calm mind of the early morning and I act according to the faith of my prayers. My calm spirit is a balm to overcome any disturbances. The peace of God in the heart of men the world over responds to His peace in my heart.

♣ *Peace I leave with you.*—JOHN 14:27.

MAY 2

## Friday

I LIVE A CREATIVE LIFE TODAY BY FOLLOWING GOD'S GUIDANCE.

I SEE in all life a pattern of growth and development, a creative pattern. I have an individual, a unique place in that pattern, that I find through daily prayer followed by constructive action.

If there is a particular, creative activity that calls me, I begin today to pray about expression in this field. I know that a desire to paint, to sing, to write, and to express is God's urging for me to fulfill myself. I find time, no matter how busy my daily life, to give some thought and attention to my creative desire.

I remember that creative activity does not need to be limited to any one field. I look at my whole life—my work, my personal relationships, my obligations, and my chores with new vision.

The more freely I let God life express through me, the more constantly I allow His wisdom to direct me, the more fully I accept His love and let it pour out through me, the more completely will I realize my own creative abilities.

♣ *I will sing a new song unto thee, O God.*—PSALMS 144:9.

# Saturday

MAY 3

AT ALL TIMES AND UNDER ALL CIRCUMSTANCES I HOLD STEADFASTLY TO TRUTH.

WHEN rumors fly, when something or someone is being gossiped about, what can we do when it is brought to us? "Be not overcome of evil, but overcome evil with good." We can add something good to every situation; we can stop rumors and gossip when they come to us by declaring the Truth about the situation. When we affirm, no matter what is said or assumed to be true, that God is present in every person and every situation and when we utterly trust Him to make things right, we are not drawn into the negation and we actively work in a spiritual and powerful way to bring about justice and truth for all concerned.

There is a Spirit in every person that is true, wise, loving, and just. We help to call this Spirit forth by holding steadfastly to Truth ourselves, by meeting negation with affirmations of good, and by beholding the Christ in every thing and every person.

*The discretion of a man maketh him slow to anger;  
And it is his glory to pass over a transgression.*  
—PROV. 19:11.



MAY 4

## Sunday

I BLESS EVERYTHING IN MY WORLD AND IT  
BLESSSES ME IN RETURN.

**W**HAT IS a blessing? It is a prayer, and yet more than a prayer. It is an attitude of love toward each person and each thing.

Life is inherently good. If it seems otherwise, it is simply a surface appearance—a fact, not a law. For instance, a sick body is a fact, but this sickness is not according to God's law or will. Therefore, we should not judge according to appearances and allow feelings of fear, resentment, or impatience to take hold of us. We should bless our bodies and the bodies of other persons for whom we desire healing. We should pour forth thoughts of love and let love demand that Christ perfection be made manifest.

This is true blessing and applies to every human need, to problems of supply as well as health, to intangible as well as tangible things. A man once said when a friend disappointed him, "I cannot have loved him enough." Life responds to love and needs love. As we love we bless.

♣ *I will bless thee . . . and be thou a blessing.*—GEN. 12:2.

# Monday

MAY 5

THERE IS BUT ONE PRESENCE AND ONE POWER IN THE UNIVERSE, GOD, THE GOOD OMNIPOTENT.

**O**N EARTH or sea, in air or outer space; God is.

"Whither shall I go from thy Spirit? Or whither shall I flee from thy presence?"

In this time of world disturbances over ventures into outer space, let us keep our spiritual balance. God does not change. Truth does not change. Whatever man's discoveries of today or tomorrow may be as far as material concepts go, the greatest mystery and miracle lies right within him—Christ in every man, the hope of glory; Christ in every man, the certainty of peace.

We can keep our thoughts and feelings constructive and free from fear, regardless of world tension or confusion, by reminding ourselves that there is, indeed, but one Presence and one Power in the universe (however far that universe may reach) God, the good omnipotent.

The affairs of men change; the beliefs of men change. Yet, the Spirit of God in man remains unchanging.

♣ *I, Jehovah, change not.*—MAL. 3:6.

MAY 6

## Tuesday

I USE MY IMAGINATION CONSTRUCTIVELY.  
I FILL IT WITH POSITIVE PICTURES OF GOOD.

**H**OW DO you use your imagination? If you have an ache or pain do you let your mind run riot picturing dire ailments? If a dear one is delayed in arrival, do you let your thoughts race ahead picturing accidents or disaster?

The imagination is a wonderful, creative faculty but it needs to be used constructively. If you find yourself mentally imaging disaster, turn the course of your imagination by denying such images and by replacing them with positive pictures of good. Train your mind to think about God as the one Presence and Power. You can do this through practicing affirmations. Affirmations of life, strength, and protection will change the direction of your imagination and bring you back from the path of negative thinking and feeling.

It is an easier, happier way, the way of the good imagination. And it is the way of God, the way of peace, and the way of life.

♣ *Casting down imaginations . . . and bringing every thought into captivity to the obedience of Christ.—II COR. 10:5.*

# Wednesday

MAY 7

KEEPING MY EYE SINGLE TO THE GOOD, I AM  
FREED FROM EVERY LIMITATION.

I AM where I am because of what I am. Nothing outside of me can limit me—ever.

If I do not like my present situation I can claim a better one. But I must earn it by making myself worthy. Jesus Christ said, "Behold, I have set before thee a door opened, which none can shut." I, therefore, cast out of my mind all belief that others are holding me back. I realize that nothing outside of me has power over me, except as I give it power.

Today I revoke all the power I have given to outer things to hurt or hinder me. I sweep my heart clear of the least trace of envy or resentment. God is my employer and God is illimitable good. As I keep my eye single to the good I am freed from every limitation and grow daily in wisdom, confidence, and power. I desire the good, not just for myself, but for all men everywhere. I bless the good and further it in every way possible.

*In all thy ways acknowledge him,  
And he will direct thy paths.*

—PROV. 3:6.

MAY 8

## Thursday

GOD WILL PERFECT THAT WHICH CONCERNS ME.

WHEN A gardener plants a seed he knows that the unfoldment of the plant is God's business. The gardener's part is to provide conditions favorable to the plant's law of growth.

The most loving mother cannot be with her children every moment, but this need not distress her. She needs only to remind herself that they are God's children, too, and that His protecting love surrounds them at all times in all places.

The most conscientious business man cannot find time to do everything himself and be everywhere at once. But Divine Mind knows no limitation. By making himself receptive to that Mind, all that the business man should know is revealed to him; all that he should do is accomplished.

When we make life a partnership with God, and God is an active partner, then how unnecessary are the anxieties we allow to fret us. Whatever we place trustingly in His hands, He will make perfect.

♣ *The Lord will perfect that which concerneth me.*  
—PSALMS 138:8.

## Friday

MAY 9

TURNING TO GOD IN SILENT PRAYER, I FIND  
NEW INSPIRATION, STRENGTH, AND COUR-  
AGE; AND I AM AT PEACE.

**F**IRST, turn to God. These four words give us the key to happy, harmonious, and successful living.

First, turn to God in the morning! A word of thanks and a brief prayer for guidance start the day aright. Attunement with God results in harmonious living; we shall never be "off key" if we first turn to God.

First, turn to God—if difficulties arise. God is the answer. Pressing needs are only opportunities to prove that God is with us. Jesus said: "Seek ye first his kingdom . . . and all these things shall be added unto you."

First, turn to God when the good is received. There may be a tendency to forget when the need is passed, but a quiet "Thank you, Father!" invariably brings us increased happiness.

First, turn to God in silent prayer, and all your days will continue in ever-increasing peace and harmony.

♣ *O Jehovah, in the morning shalt thou hear my voice.*  
—PSALMS 5:3.

MAY 10

## Saturday

IN GIVING I AM RICH AND FREE:  
FOR AS I GIVE, GOD GIVES TO ME.

ONE who truly believes that God is constantly giving to him, blessing him, and enriching his life gives freely, richly, and gladly; for he knows that God's supply is exhaustless and always available.

Would you like to have more supply? Then start to give. There are two ends to the channel of thought and feeling through which the supply comes to us from God. One end opens to God in the inmost reaches of the heart. Prayer opens this end of the channel, and God's rich ideas are imparted to us. The other end of the channel opens to other persons. We open this end of the channel when we give to others.

Both ends of the channel must be kept open if we are to have a constant supply of the good things of life.

If you need any good from God, by all means, ask for it; but do not wait to give. What shall you give—your attention, your love, your faith, your understanding, your time, your money, your work? Oh you will know what to give when you pray.

✦ *Give, and it shall be given unto you.*—LUKE 6:38.

# Sunday

MAY 11

I HONOR THE LOVING MOTHER SPIRIT THAT  
NOURISHES AND SUSTAINS MANKIND.

THESE IS a mother spirit at the very heart of our universe. Even as we think of God we think in terms of Father-Mother God. This mother principle is that which nourishes, sustains, feeds, tends, and holds together. On this day, which we are dedicating to all mothers everywhere, let us remember that we are honoring the mother spirit that is such an important part of this world in which we live.

Let our first thoughts be of our physical mothers; then let our thoughts reach out to all those who have mothered us throughout our lives. In some cases our mothering has come through a father; in other cases our mothering has come through some dedicated person a teacher, nurse, or friend. Let our thoughts today be thoughts of gratitude for this wonderful mother-love, which has nourished and sustained us. This mother-love is an expression of God's love, which now we are able to give back in some measure through our mothering of those who need our love and our thoughts.

✦ *Honor . . . thy mother.*—EXOD. 20:12.



FATHER, LET ME BE TEACHABLE.

**I**N QUIETNESS and faith I open my mind to God's direction. I pray that I may always be receptive and teachable. I keep a willing heart so that I may never become crystallized in my method of doing things and so that I may never resist new ways and new ideas. In humility and in a listening attitude, I am open to new understanding.

I remember that Jesus was teachable. He listened in prayer to God's guidance and He was willing and obedient.

Prayer and a teachable attitude keep me receptive to wise counsel, help me to give proper importance to intellectual pursuits, and help me to value personal contacts and experiences that teach me more about successful living.

As I am teachable I am receptive to the constantly expanding miracle of life. Looking to God for wisdom, my mind remains flexible. Like Jesus, I keep a listening attitude of heart and mind and I find that it is natural and easy to be obedient and teachable. And it is most fulfilling and rewarding.

♣ *Guide me in thy truth, and teach me.*—PSALMS 25:5.



In

Now in mallet  
Of life come la  
Nothing alive c  
In May, when l  
And cranny, a t  
A spendthrift s  
Toward joy the  
To be! on every  
A spilling forth  
So full are they  
In me no less t  
To live runs hi  
Life, let me ha  
The exuberance



# n May



BY JAMES DILLET FREEMAN

let the full May flood  
come lashing brain and blood;  
gave we can hold life back  
y, when life comes crowding crack  
anny, a tumultuous surge,  
dthrift spirit, oh, the urge  
d joy the thrust of growth, the thirst  
on every bough a burst,  
ing forth, trees taking wing  
are they of blossoming!  
no less the burning will  
e runs high—shall I stand still?  
et me have to sweet excess  
ubundance of livingness!



# Tuesday

MAY 13

BLESSED ARE MY EYES FOR THEY SEE.

**B**LESSED are my eyes for they see the beauty and goodness of God everywhere!

Blessed are my eyes for they see the Christ of God in others. They are quick to note and appreciate whatever is just, true, lovely, and of good report.

Blessed are my eyes; the light of love shines through them. Undeceived by appearances, I behold the divine pattern at the heart of things and I call it forth with praise and thanksgiving.

Blessed are my eyes; they are quick to perceive the reality. The perceptive power of the Christ Mind, acting through my eyes, blesses me with divine understanding.

Blessed are my eyes; they see the endless possibilities of life. They are alert to its wonders, appreciative of its beauty. There is no darkness nor distortion anywhere, for Christ is my true vision. Blessed are my eyes, for they are the windows through which I look at God's creation, and behold it very good. Blessed are my eyes for through them I catch a vision glorious! I see myself as God sees me.

♣ *Blessed are your eyes, for they see.*—MATT. 13:16.

MAY 14

## Wednesday

I RECONSECRATE AND REDEDICATE MYSELF  
TO THE WILL AND THE WORK OF JESUS  
CHRIST.

**T**HIS is a prayer thought used by the workers in Silent Unity. We daily reconsecrate and rededicate our minds, our hands, our hearts to the will and the work of Jesus Christ.

Jesus Christ believed in the healing, restoring power of God vested in man; so we pray that this healing, restoring power will become activated in the minds and bodies of those in need. We pray for healing in Christ's name.

Jesus Christ believed in the prospering, providing power of God vested in man; so we pray that this prospering, providing power will become activated in the lives and affairs of those in need. We pray for prosperity in Christ's name.

Jesus Christ believed in the world-remaking, happiness-creating power of God vested in man; so we pray that this remaking, creating power will become activated in our world. We pray for all good in Christ's name.

This is the will, this is the work of Jesus Christ—establishing man in a new understanding.

♣ *The works that I do shall he do also.*—JOHN 14:12.

# Thursday

MAY 15

I LET THE LIGHT OF CHRIST NOW SHINE  
THROUGH ME.

THE STARS have their own light. They send forth into space the light rays, which give illumination and splendor to the firmament. Every human being is a shining star in his own world, and his indwelling Christ is the source of his light.

This Christ light can shine on our paths and shed beauty on all our lives. Into our homes, into our work, into our social activities, into our problems, into our daily affairs, and into the lives of all around us; we can let fall our unfailing rays of love and understanding.

Out of the depths of Africa, a man wrote to Silent Unity and beautifully expressed his desire "to be one of those stars" of our prayer staff. We embrace this good friend for his loving thought. We want to tell all our friends who join us in our daily meditations that they are "stars," God's stars, stars of love, stars of faith, stars of prayer. And it is through the light shed by love, faith, and prayer that we help one another.

♣ *Let your light shine before men; that they may see your good works.*—MATT. 5:16.

MAY 16

## Friday

I GIVE THANKS TO GOD IN MANY WAYS FOR  
MANY THINGS EACH DAY.

**T**HANKSGIVING is a spiritual tonic. What joy it is to let the heart sing in praise and thanksgiving to God when good has come into our lives! I make it a daily habit to give thanks to God for every blessing all day long. And, with this growing consciousness of thanksgiving, I am more aware of opportunities for giving thanks also to my fellowman, who smooths the way for me or performs some needed service.

But thanksgiving is not to be kept for the times when blessings are showered on me. I give thanks, perhaps all the more, when I have problems to solve, when there are difficulties to be met, and when I am in need of something—be it money, health, a job, or a certain article. At these times I also give thanks to God, thanks for His great goodness, for His all-encompassing love, for His wisdom, and for His abundance. And when I do this, what a spiritual lift I receive! How my faith is quickened by the very act of thanksgiving, and then I am, indeed, abundantly blessed.

✦ *And offer a sacrifice of thanksgiving.*—AMOS 4:5.

## Saturday

MAY 17

I GIVE OF MYSELF LOVINGLY AND UNSELFISHLY IN WAYS THAT ARE HELPFUL TO OTHER PERSONS.

LIFE IS rich and rewarding for those of us who can give for the sheer joy of giving, without thinking of what will be given back to us. Life is full and happy as we see ways in which we can be helpful to other persons and give our help lovingly where we know it will be welcomed and appreciated.

Many people think of themselves as not having very much to give and, therefore, they never learn to give of themselves fully or completely. Yet, there are few who have never experienced the joy that comes from being kind to another person.

We are giving of ourselves when we give encouragement to those who need a word of uplift, when we give patience to those who have not been as quick to learn as we feel they should be, and when we give understanding to those who have problems to meet.

Let our prayer this day be "Lord, make us sensitive to the needs of others and show us ways in which to be helpful to them."

✦ *Show forth thy lovingkindness.*—PSALMS 92:2.



## Sunday

MY WORLD IS WONDERFUL, FOR I SEE GOD  
IN IT.

IT IS gratifying to see how actively the senses respond once we apply ourselves to looking for God in our world. The swaying of a slender tree and the rustling of its leaves become to us a bow of recognition and a whispered greeting. An unexpected bird song has a special, thrilling meaning. Sunlight bestows a distinct caress; nightfall seems to be a cooling hand on the brow.

God appears as ease in action, too. The movement of traffic takes on smoothness and order. Mechanical contrivances operate with a more efficient rhythm. If repairs become necessary they are made with dispatch. There apparently is nothing in which God does not take a hand.

Especially in our dealings with others does God's presence make itself known. Light is shed in simple, natural ways on problems. Business affairs flow more easily. Friendships shine the brighter. The Spirit of God brings a gift of harmony and love, and it scatters it alike among God's children, when someone sees Him there.

♣ *Even there shall thy hand lead me.*—PSALMS 139:10.

# Monday

MAY 19

I HAVE FAITH IN GOD. SERENELY AND PATIENTLY, I AWAIT HIS ANSWER TO MY PRAYER.

I REJOICE that there is no need too great, too small, or too unimportant to take to God in prayer. I rejoice that there is no need that He cannot meet perfectly and unfailingly. I accept the wonderful promise, "All things whatsoever ye pray and ask for, believe that ye receive them."

I need not outline nor specify how the good I desire shall come to me. I need not depend on the outworking of a particular situation in order to receive my good. I need not look to other persons. If I have become aware of a need and have taken it to God in prayer, I can be certain that my need will be met at the right time and in the right way.

A delay in the good I desire does not disturb, frustrate, or make me unhappy. My faith is in God. In ways unknown to me, in ways unseen by me; He is at work. Lovingly and with infallible wisdom He fulfills my needs, He satisfies the true longings of my heart.

✦ *All things whatsoever ye pray and ask for, believe that ye receive them.*—MARK 11:24.

MAY 20

## Tuesday

I GIVE MYSELF ATTENTIVELY UNTO PRAYER  
AND I ENTER THE KINGDOM OF HEAVEN  
WITHIN.

PRAYER is a rewarding and enriching part of my life.

I recognize how important it is to thoroughly relax my body and to still my mind. First of all, I say to my muscles and nerves, "Let go." I say to distracting and disquieting thoughts, "Be still." I rejoice that my body and mind are wonderfully amenable to my command and control.

Although stillness of body and mind are essential to effective prayer, I know that the stillness of prayer is not a cessation of activity. It is rather the beginning of an inner quickening that ushers me into the kingdom of heaven within. In order to receive this quickening, I need to be still and relaxed but, at the same time, wide-awake, alert, and attentive. If I begin to be drowsy and inattentive I again affirm my dominion over my mind and body.

Prayer is a rewarding and enriching part of my life. Each day I give myself attentively to prayer. As I pray, God makes His presence known.

♣ *I give myself unto prayer.—PSALMS 109:4.*

## Wednesday

MAY 21

I HAVE FAITH IN THE HEALING, RENEWING,  
RESTORING LIFE OF GOD.

**H**OW DO we help a person who is in need of healing? We do not do this by pitying him or feeling sorry for him, but by including him in our feeling of faith, by blessing him and praying for him. Whenever we think of one who needs healing, let us silently affirm that the life of God is strong in him, that the power of God is present in him, and that the healing activity of God is now at work in him.

When we pray in faith we extend help to another. We reach out to him in spirit and quicken the awareness of God-life. We are truly one in Spirit; we are one in God; we are one in life. In our oneness we have power to pour forth a healing blessing and to encircle those we love with a new idea of wholeness and health.

"God is life, that life surrounds us  
In that life we safely dwell,  
'Tis above, beneath, within us,  
Life is ours, and all is well."

♣ *The prayer of faith shall save him that is sick . . . pray one for another, that ye may be healed.—JAMES 5:15, 16.*

# Thursday

I AM A PEACEMAKER FOR GOD.

**T**HE home should be a place of peace and harmony. But sometimes the members of a family are at cross-purposes with one another. Children and parents do not see eye to eye—there may be arguments and outbursts of anger. How can Truth be practiced here?

If even one member of a family practices beholding the Christ in every other member, if even one member keeps control of his moods and emotions, or if even one member is patient and understanding; the whole family will benefit.

"And I, if I be lifted up from the earth, will draw all men unto myself." We who read DAILY WORD and who practice using Truth can be the oil on troubled waters, can bring peace to our homes, and can lift up the hearts of all those around us.

There may be differences of opinion in a family, there may be situations that need to be met with firmness, but there never need be inharmony, anger, or quarreling. As we pray and try to express God's love we will act as peacemakers.

♣ *Blessed are the peacemakers: for they shall be called sons of God.*—MATT. 5:9.

## Friday

MAY 23

TODAY I WILL DEVOTE MYSELF TO CONSTRUCTIVE, HAPPY, FAITH-FILLED THINKING.

AFTER I have finished my morning meditation I am going to devote myself to keeping my thinking constructive, happy, and faith-filled. I am going to carry with me throughout this day the inspiration and the encouragement that I receive in my meditation.

How many days have I prayed and then lessened the effect of my prayer by going about my daily life and allowing thoughts of doubt and limitation to creep back into my mind?

Today will be different. No matter what I may be doing—cleaning the house, using the typewriter, riding a bus, or digging a ditch—my thoughts will be constructive, happy, and faith-filled. The minute a thought of doubt comes to my mind, I will firmly and resolutely put it aside and replace it with a constructive thought.

If I do this I will be a stronger, happier, and more courageous person by the end of the day and I will find my world taking on more and more of the perfection I hold to in my thoughts.

♣ *Thou wilt keep him in perfect peace, whose mind is stayed on thee.—ISA. 26:3.*

MAY 24

## Saturday

O LOVING FATHER, HELP ME TO EXERCISE PATIENCE AND THE MOST COMPASSIONATE UNDERSTANDING TOWARD MY FELLOW MAN.

FATHER, I pray for a feeling of oneness with all Thy children. I pray for the realization of the one divine Spirit of life that flows through us all. Help me to accept each man, woman, and child as they are and where they are. Dissolve from my consciousness every feeling of superiority and help me to realize that every individual, regardless of race, creed, or way of life, is just as necessary and dear to Thy divine plan as I am.

Each person has his place to fill, even as I have my place. Each person has a contribution to make, even as I have a contribution to make. Each person is a vital organ in this great body of humanity, even as I am, and I would remember always that all of us have need of one another.

Father, even as I pray for a feeling of oneness I have a new understanding of each person's place, contribution, and of our necessity one to the other and I am enabled to exercise infinite patience.

♣ *The fruit of the Spirit is . . . long suffering.*—GAL. 5:22.

# Sunday

MAY 25

I NAME THIS DAY GOOD AND CALL FORTH  
ITS BLESSINGS.

**I**F I were called on to suggest a name for a beautiful park I would devote many silent minutes to thinking and choosing. I would not want to give up until I had brought to my mind just the right name, a name that would give visitors an inkling of the happiness and the renewal to be found there.

When we anticipate joy and beauty we prepare ourselves to receive joy and beauty. When we give something a happy name we call forth happiness.

Right now I have the privilege of naming my day! If I am tempted to call it anything less than the best I tarry in prayer until my heart is strong, and my mind is sure. I remember that God created this day for success. I recall that His health pervades every moment. I am reminded that the tender love of the Father, in some wondrous way, will today touch my life.

I decree the blessings of God on this day.

I name it good!

I name it God's day.

♣ *But tarry ye . . . until ye be clothed with power from on high.*—LUKE 24:49.



MAY 26

## Monday

I USE THE TRUTH; I PROVE THE TRUTH  
TODAY.

**T**RUTH can be used in everyday experiences—in fact, it is only as we practice affirming Truth in ordinary matters we become aware of its extraordinary power.

When things seem to go wrong at home or at work, then and there is the time to declare the presence and power of God, to affirm the perfect order of Spirit at work. God works in and through us, but we need to develop our capacity for expressing God ideas at all times, in all situations, and under all circumstances.

What is needed in your heart or home today? More peace? More order? More supply? More health? More wisdom? Affirm that God is with you now, working in and through you to bless you. Affirm that God is in all the persons whose lives are a part of your life. In the little things that trouble us, Truth can be proved—in the more momentous things Truth can be proved. Today and every day you can set the pattern for good by declaring God's presence and power and by acting with confidence, good will, and love.

♣ *The LORD is at hand.*—JOEL 1:15 (A.V.).

## Tuesday

MAY 27

I STIR UP THE GIFT OF GOD THAT IS IN ME.

THERE IS a positive side to every negative feeling. When we have negative feelings, let us search out the good idea that they are momentarily obscuring.

For instance, if we feel discontented or dissatisfied with ourselves or our lives, the other side of the picture is that something in us is trying to tell us that we have powers and capacities that we are not using. Let us not stay with feelings of dissatisfaction; let us reach out for a greater infilling of God's Spirit. "Stir up the gift of God, which is in thee."

Feelings of inferiority, inadequacy, and discouragement are overshadowed by the Spirit in us that continually seeks us out and that will not let us go.

Let us listen to the Spirit in us; let us know that God in the midst of us is greater than our human limitations and greater than our fears. His love infolds and frees us. Whatever the past may have been, whatever picture we have created of ourselves; always the true idea of us stands in God. God always sees us as His beloved children.

♣ *Stir up the gift of God.*—II TIM. 1:6.

MAY 28

## Wednesday

THROUGH THE RESURRECTING SPIRIT OF CHRIST IN ME, I AM VITAL, STRONG, AND ALIVE FOREVERMORE.

I AM filled with vitalizing life. Every atom and cell of my body is radiantly aglow with the light of Spirit. There is no sluggishness, congestion, or obstruction anywhere in my entire being. The healing currents of divine life are flowing in swift and cleansing streams throughout every tiny particle of my body.

All that is not of God is now dissolved in His purifying love, and His restoring activity is the only activity that is constantly and mightily at work in every part of me. Each organ in my body works in harmony with every other organ, even as I am co-operating harmoniously with all my fellow men.

My heart is beating in perfect rhythm with the loving heart of this universe, and my blood stream sings through my veins with the joy of the Lord. My mind, emotions, and body are now completely immersed in the resurrecting vitality of God, and I am alive in Him forevermore.

♣ *The LORD is the strength of my life.*—PSALMS 27:1 (A.V.).

# Thursday

MAY 29

GOD IS MY PROTECTOR, AND I ABIDE IN SECURITY AND PEACE.

**G**OD is your protector. No matter where you are or what may be the circumstances of your life, you abide in the protecting presence of God. You do not need to fear, for God is always with you. Every breath you draw and every beat of your heart sings out this assuring message: I am safe in God's loving care!

Perhaps your concern is not so much for yourself as for loved ones. There are the children going to school; or the young people called into arduous and dangerous services. Or, perhaps, you find yourself becoming anxious over the attitudes and activities of some loved one. Under such circumstances realize that just as God is with you, so is He with your loved ones. He will protect, strengthen, and guide them. Moreover, you will help and bless them in this realization that they are safe in God's loving care.

At all times know that neither you nor your loved ones can ever drift beyond God's love and care. God is your protector, today and always.

♣ *Thou, O Jehovah, art a shield about me.*—PSALMS 3:3.

MAY 30

## Friday

MY HEART TAKES COMFORT FOR IT IS ESTABLISHED IN EVERY GOOD WORK AND WORD.

**T**O THE heart that is sad: Take comfort! When dear ones, whose lives are woven into the fabric of our lives, make the change man designates as "death," there is for a time a void. But because of the nature of God, because of the eternal and continual unfoldment of life, the weaving proceeds. Different colors may be introduced, different effects may be produced; yet the fabric of life continues to assume form.

When our dear ones make this change we can hold to the words of Paul, "Comfort your hearts and establish them in every good work and word." It is in work and prayer the heart finds comfort. For as we work and pray we lend and blend our efforts to perfecting and fulfilling our part in the pattern of life. We come to understand that our dear ones, even though making this change, are continuing to contribute to the life that is eternal, the life that is without beginning, without ending.

So, heart that is sad, take comfort!

✦ *Comfort your hearts and establish them in every good work and word.*—II THESS. 2:17.

# Saturday

MAY 31

THERE IS SOMETHING THAT ONLY I CAN DO  
FOR GOD TODAY.

ONE DAY may seem much like another day. One person may seem much like another person. But this day is unique, and you are very special when you realize that there is something that can be done today by you and by you alone!

Right now you may not know exactly what lies before you. Will you save a life? Possibly. Will conditions be such that by stretching forth your hand you can lift someone from misfortune? Perhaps. Maybe that which you will be called on to do is merely to bestow a smile, to express a kind thought, or to speak a strengthening word. It may be something unexpectedly large; it may be something that is almost unnoticeable. Infinite possibilities fill your day with anticipation.

Your willingness to do whatever needs to be done for God will bring you to exactly the right place at exactly the right time. Good will needs no timetable. There is something to be done for God that only you can do!

♣ *We must work the works of him that sent me.*—JOHN 9:4.

## Rose Garden Theme Now Available

If you have ever attended one of the vesper services held in the rose garden at Unity Village on a summer Sunday evening, you have no doubt enjoyed the lovely song "This Is My Garden," which is used as theme music. This song was written in 1956 by Carl Frangkiser and Pauline Deniston especially for these services. Many persons have asked for this song, and Unity is happy to announce that the sheet music for voice and piano is now available. "This Is My Garden" is 50 cents a copy, from your local Unity center or direct from Unity headquarters.

## Coming Events at Unity

This is the schedule for events that are to be held by the Unity Training School at Unity Village during the coming year: May Training School term, May 12 to June 6; Vacation Retreat, July 12 to 19; Young Adult's Retreat, July 21 to 24; August Training School term, July 28 to August 22; Sunday-School Workshop, August 23 to 29; September Training School term, September 1 to 26; Men of Unity Retreat, October 5 to 10; Fall Retreat, October 11 to 18; Harvest Retreat, October 25 to November 1; Thanksgiving Retreat, November 22 to 29; and Christmas Retreat, December 21 to 26. For more information write to the Unity Training School, Lee's Summit, Missouri.

## POEMS FOR INSPIRATION

There is no finer addition to your library, and no more thoughtful gift, than one of these volumes of Truth poetry. Collected from the pages of the Unity magazines, these poems have all proved to be favorites with readers.

*Best-Loved Unity Poems.* This anthology contains 181 poems arranged by subject in twelve sections for easy reference. It includes poems for special occasions, poems of inspiration, poems of faith and courage, poems about Jesus and the Christ within, poems about prayer and meditation, and poems to help you change yourself.

*Be!* This book is a collection of more than forty poems and prose poems by author James Dillet Freeman, whose work has been read and loved by Unity friends for many years. It features such favorites as "Sea Voice," "Another Dawn," "The Hilltop Heart," and many more. The typography of this book has been especially designed to suit its poetic content.



Both these books are illustrated with lovely pen-and-ink drawings and bound in brown Keratol. Price of either book, now \$1.

UNITY SCHOOL OF CHRISTIANITY  
LEE'S SUMMIT, MISSOURI



## THE FINEST FOR FATHER'S DAY

No matter how much you spend, you cannot give a more valuable, a more worth-while Father's Day gift than *Good Business*. This monthly magazine gives practical help in applying Christianity—the best basis for business practices.



The June issue of *Good Business*, for instance, includes an outstanding article titled "The Law of the Roundabout," by Roderick Friend. It discusses the truth that the easiest and best way to do a thing is not always the most direct-appearing way; it may be the way that takes a little extra in time and effort. Mr. Friend illustrates his point with the story of one woman who has found success in the restaurant business through giving her customers that "extra something"—the personal touch.

In addition to its many fine articles, *Good Business* offers poems, thought-provoking quotations, and feature departments. Any man will welcome the informative news, the practical suggestions, and the inspiring ideas contained in each issue. *Good Business* is priced at only \$1 for a full year's subscription.

(Father's Day is June 15 this year, so mail your order as soon as possible.)

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## A PLACE FOR FLOWERS, TOO

"I would like to tell you," writes a woman in New York, "that even before my last Prosperity Bank reached me, we found, after a long search, a nice apartment in a lovely neighborhood at a rental that we were able to pay. It also has a nice small yard, which is just what we were praying for, so that we might set out some flowers. This we have already done. We are very thankful to have this place to live, and this is just one of the many blessings that have come our way since we began using the Prosperity Bank. Please send me a new one right away."

Why not try the Bank plan in your life?

Unity School of Christianity, Lee's Summit, Mo.

----- (PLEASE PRINT ALL NAMES AND ADDRESSES) -----

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## For Mother's Day

The perfect Mother's Day gift is a subscription for one of these Unity magazines, for this is a gift that keeps giving for a whole year and costs only \$1.

*Daily Word.* With its meditation, prayer, and Bible verse for each day, plus inspiring poems and articles and beautiful cover, this monthly magazine is a truly thoughtful gift.

*Weekly Unity.* Like a friendly letter, which comes every week, this magazine is sure to be welcome. It includes poems, articles, feature departments—including testimonials, a weekly letter from Silent Unity, and a regular column by Lowell Fillmore, President of Unity School—and lovely illustrations.

*Unity.* This monthly magazine presents 100 pages of the finest spiritual enlightenment. Each issue features the writings of Charles Fillmore, Bible lessons, outstanding articles and poems, and cover photographs in full color.

Your gift of any of these magazines—priced at only \$1 a year—will be announced with an attractive card and the subscription will begin with the May issue. Be sure to mention that the gift is for Mother's Day; and to be sure it arrives in time, send your order today.



UNITY SCHOOL OF CHRISTIANITY  
LEE'S SUMMIT, MISSOURI

## *Road*

R. H. GRENVILLE

Road climbing steeply into the light,  
Road in a valley, road on a height,  
I thank you for leading me onward today,  
And bless every mile of your beckoning way.  
I journey in safety, for God is my guide.  
I follow you fearlessly, narrow or wide.  
Road running boldly through daylight and dark,  
Straight as an arrow, or bent to an arc,  
Crowded and busy, or lonely and still,  
I follow you, knowing I follow God's will  
By trusting His goodness to lead me aright.  
Road in a valley, road on a height,  
Each highway and byway I travel today  
I bless in the knowledge that "Christ is the Way."

ark,

ay."